

FACULTY OF HEALTH & WELLBEING

RESEARCH & KNOWLEDGE EXCHANGE NEWSLETTER

WELCOME

It is a great pleasure to introduce the second issue of our Faculty Newsletter.

It has been a busy period for our Faculty colleagues with new national and international research projects being launched, external recognition of colleagues' successful contribution to their field's knowledge and practice and a number of high impact publications. In anticipation of the outcome of the Research Excellence Framework (REF) consultation, we are developing dynamic and inclusive strategic plans to enable our academic community to contribute meaningfully and purposefully to the advancement of health and social care practice and research.

In the new academic year we are continuing our exciting Faculty research seminar series, and launching the Global Health and Care Systems seminars as part of this series. We are looking forward to seeing you there!

Professor Eleni Hatzidimitriadou
Faculty Head of Research and Enterprise

EARLY CAREER RESEARCHER FESTIVAL

The Faculty of Health & Wellbeing's 1st Early Career Researcher Festival was held on 3rd July 2017. The event included a poster display of projects undertaken in the last two years which were supported by Faculty research grants.

Participants were welcomed by Prof Mike Weed, Pro-Vice Chancellor for Research and Enterprise, and Debra Teasdale, Dean of the Faculty, both of whom praised the high quality and diversity of the work presented and noted the importance of this activity for the future of research and enterprise at the Faculty and University. The event concluded with three stimulating presentations given by:

- **Ann Price**, School of Nursing, *Survey of First Year Nursing Students' Use of Twitter in Nursing Education*
- **Paul Lockwood**, School of Allied Health Professions, *CT Sinus and Facial Bones Reporting by Radiographers: Findings of an accredited postgraduate programme*
- **Tristi Brownett**, School of Public Health, Midwifery & Social Work, *Evaluating the Role of Arts Festivals in Producing a Sense of Wellbeing and Social Capital*



Debra Teasdale, Dean of the Faculty of Health and Wellbeing, welcomes guests to the ECR Festival.

The Faculty now has noticeboard space in the Newton building for the display of research posters. Posters from the ECR Festival are being displayed on a rotating basis. If you would like to display a research poster here please contact the Faculty's RKE Officer, Joe Williams.

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CRITICAL SUICIDOLGY CONFERENCE

Critical Suicidology 2.0, co-organised by Dr Ian Marsh, Senior Lecturer in the School of Allied Health, and Annie Hayford, PhD student, aimed to challenge assumptions, emphasise the importance of the context of suicide, value the perspectives of a variety of individuals and critique current practices used to prevent suicide.

The conference, held from 28th June to 1st July 2017, was formally opened by the Vice-Chancellor Prof Rama Thirunamachandran, who welcomed delegates and reflected on the work being done at the University in relation to suicide and suicide prevention. The conference itself saw 41 academics, people with direct experience, and practitioners from 14 countries present their research from a vast range of disciplines including sociology, political theory, public health, critical mental health, philosophy, linguistics, and many more.

Presentations included considerations of inequality and social justice, the ethics of prevention, masculinities, cultural theories, practitioner and first person experiences, and spirituality and religion in relation to suicide. Three roundtable discussions gave



all participants an opportunity to engage with the work in greater depth.

Feedback was overwhelmingly positive, with many participants commenting on not only the high-quality academic debate, but also the warm and supportive community of practice and inquiry. One participant said of the conference: 'I found it incredibly warm, progressive and intersectional. So much of what was said resonated with me but also challenged my thinking around the subject'.

THREE-MINUTE THESIS EVENTS



Left: Presenters and judges at the Faculty's 3MT final. L-R: Judges Eleni Hatzidimitriadou and Doug MacInnes, presenters Sophie MacKenzie, Nancy Clark and John Gilmore, judge Jenny Witherden, and coordinator Jen Harde.

Right: John Gilmore and Sophie Mackenzie give their 3MT presentations at the University's final.



Three of the Faculty's PhD students produced concise presentations of their thesis research to take part in the Three Minute Thesis competition. This is the first year that the university has hosted 3MT events.

The Faculty event was held as a lunchtime seminar on 9th May. Nancy Clark, Sophie MacKenzie, and John Gilmore presented to a panel of judges and a packed audience. Sophie scored highest with the judges, and John with the audience, meaning that they both went on to give their presentations at the University event on 25th May. Sophie, John, and Nancy received prizes of £100, £75, and £50 respectively from the Faculty. Well done to all three of our competitors!

REFUGEE WEEK FACULTY EVENTS

Refugee Week takes place every year across the world in the week around World Refugee Day on the 20 June. In the UK, Refugee Week is a nationwide programme of arts, cultural and educational events that celebrate the contribution of refugees to the UK, and encourages a better understanding between communities.. This year Refugee Week took place from 19th to 25th June, and, for the first time, our Faculty was involved by organising 4 events.

On 20th June, World Refugee Day, two linked events were held on the Canterbury campus. CCCU alumnus Daniel Sollé presented his photographic exhibition *Art of Refuge*, showcasing the murals produced by residents of the Oinofyta refugee camp north of Athens. Following Daniel's talk on the project, Eleni Hatzidimitriadou, Helen Carr, and Precious Sango led a seminar presenting the results of a research project examining issues surrounding sleep for unaccompanied asylum-seeking children. Audience numbers were boosted by some surprise visitors, a group from the Finnish Red Cross who happened to be in Canterbury on the day!

The following day, two more events were held in the Michael Berry lecture theatre. The first was a screening of the film *722TMX Engineer Battalion*, an exploration of daily life in the refugee camp in Alexandria (northern Greece), and the role of the Greek Army and NGOs in organising the camp. After the screening, director Yiannis Koufonikos, Edge Hill University, joined us via Skype from the camp itself for a lively Q&A session.



Panellists from left to right: **Eleni Hatzidimitriadou**, Faculty Head of Research and Enterprise, CCCU; **Ana Draper**, Clinical Lead and consultant systemic psychotherapist; **Alanna Gallagher**, Trainee Clinical Psychologist; **Claire Doran**, Engagement Manager (Public and Patient), KCHFT; **Anne Forbes**, Refugee Resettlement Co-ordinator, Ashford Borough Council; **Tamsin Eida** – Training and Support for Services & Exiles; **Jonathan Barnes**, Visiting Research Fellow, CCCU & Education4Diversity; **Martin Camall**, Concept Training; **Philippa Burden**, Health Visitor, KCHFT; **Helen Carr**, Senior Lecturer, CCCU.

The second of the events on 21st June was a panel discussion on the subject of the reception and integration of migrants and refugees in the Kent region. Panellists included professionals in health, social care, housing, and education. The events are already proving to have fostered research collaboration, having led to a series of meetings with regional, national and international healthcare and research partners to develop joint practice and research projects.

SINGING AND COPD REPORT LAUNCH

On 6th June, the Sidney de Haan Centre held an event at the Southbank Centre in London to launch the report on this recently completed project, which explored the impact of singing on chronic obstructive pulmonary disease (COPD).

Large numbers of people attended, representing national and international networks. Over 100 singers from several national choirs comprised of older adults with COPD attended and sang, and shared experiences of the benefits of singing in their lives. Papers on this research are submitted to peer reviewed journals. The report can be found online at bit.ly/RKEN004.

Several members of the Centre also attended the International Conference on Culture, Health and Wellbeing in Bristol in June 2017. Presentations were made by Trish Vella-Burrows, Lian Wilson and on behalf of Stephen Clift, on Dementia and the Arts, Dance and Public Health, Dance to Health, and A Choir in Every Care Home.

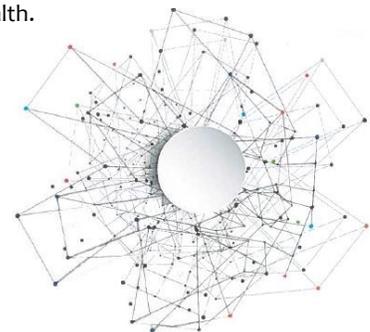
INTERPROFESSIONAL EDUCATION CONFERENCE

On 2nd February 2017, the research conference entitled 'Interprofessional Education: Sharing Research and Practice' took place at Augustine Hall. Researchers in the two Faculties worked together to co-organise this exciting event. The day was designed to enable colleagues from across the two Faculties to pool their expertise and share professional dialogue.

It was a great exciting opportunity for academics across the fields of education, health and social care to meet and share their work and ideas for research, to renew and start collaborations and to build dialogue on the research and practice of interprofessional education. The event motivated colleagues to engage in follow up discussions and sow the seeds of more interdisciplinary and multidisciplinary research projects and outputs.

Keynote talks were delivered by Professors Hazel Reid and Eleni Hatzidimitriadou on the topic of conducting interprofessional and interpretive research. An inspiring talk was given by Dr Steve J Hothersall, from Edge Hill University on 'C-constructing [inter-]

professional knowledge: epistemology, John Dewey, social work and nursing'. Participants had the opportunity to engage in interfaculty dialogue, debates and discussion of future work, and they spend time exploring research synergies on the shared topics of: social inclusion; child health and wellbeing; professionalism and learning; domestic violence; professional identity in a multi-professional world; practice development; mental health and wellbeing; creativity, arts and health; interprofessional learning; research informed teaching; spirituality, imagination and health; maternal and infant health.



Interprofessional Education:
Sharing Research and Practice

RECOGNITION FOR RADIOGRAPHERS' RESEARCH

Paul Lockwood, Senior Lecturer in Allied Health Professions, won runner-up for best/research/scientific poster at the UK Radiology and Radiation Oncology Conference in June for his poster *An Economic Evaluation of CT Head Reporting Radiographers in Clinical Practice*. The award was given on the main stage by the Rt Hon Lord Robert Winston and Mary-Ann Hardy (Professor of Radiology at Bradford University, and Congress President for UKRCO 2017).

Nick Woznitza, clinical academic, radiography lecturer and researcher in radiography clinical reporting with special interest in Lung Cancer, was awarded the Chief Allied Health Professions Officer Practice Innovator of the Year and AHP of the Year 2017, in recognition of his work on the lung cancer pathway, clinical reporting education and research. Nick was also selected as a finalist for the CAHPO Practice Innovators Award, from a shortlist of 82.

ECPD HELPS DISTRICT NURSING SERVICES IN ENGLAND WITH CARE DELIVERY

An evidence review by the England Centre for Practice Development (ECPD) for NHS Improvement has helped to form a new improvement resource that aims to standardise safe, sustainable and productive staffing decisions in district nursing services in England. **ECPD researchers** worked collaboratively with Professor Alison Leary at London South Bank University, Dr Jane Ball at Southampton University, Professor Vari Drennan at Kingston St George's University and Dr Crystal Oldman, Chief Executive at the Queens Nursing Institute. All 16 recommendations made by the ECPD within the evidence review have been adopted.

The recommendations aim to improve the way in which workforce planning, research, education and innovation work together, to create a workforce that is able to support the delivery of new models of care in community settings across the country.

LAUNCH OF THE RESET STUDY

A new initiative aiming to help prisoners at HM Prison Belmarsh and HM Prison Elmley to overcome their mental health needs and build a positive life after release has been launched. The Through the Gate Project has been established by Oxleas NHS Foundation Trust to support prisoners identified as suffering with serious mental health needs on release. The project was initiated in response to the nationally-recognised problem of this vulnerable group re-offending on release. Housing, access to benefits and inabilities to make personal arrangements with a local GP or mental health services are contributing factors to why people re-offend.

To evaluate the impact of the project, Oxleas has set up: Restarting a prisoner's life onto a supportive path leading to RESEttlement in the community – The RESET Study, in collaboration with Canterbury Christ Church University, in which **Doug MacInnes, Professor of Mental Health**, is the lead researcher. The RESET Study will evaluate the impact of the project on the participants' housing situation, further criminal activity, admission to hospital, and contact with services. The social networks of the participants who receive the intervention will be explored and their views and experiences of the intervention will also be evaluated, which in turn will help to develop the intervention for future participants.

ECPD DIRECTOR BECOMES GLOBAL AMBASSADOR FOR EDUCATION AND RESEARCH

Carrie Jackson, Director of the England Centre for Practice Development (ECPD), has been appointed Global Ambassador for Education and Research by the World Health Innovation Summit (WHIS). WHIS provides a global platform for countries to openly share ideas and work together to discover solutions that improve health care for all. The initiative was launched in March 2016 and now has programmes running for WHIS Kids (Health & Wellness for the next generation), WHIS Seniors (Caring for older people to improve quality of life) and WHIS at work (healthy workplace cultures that manage workplace stress). All the programmes support communities, while looking for solutions to ease pressure from our health and social care services through prevention.

Canterbury Christ Church University is a partner in a four year European funded project (the Interreg VA France (Channel) England Programme), involving 18 partners in England and France, which aims to develop innovative solutions to improve the home care, wellbeing and independence of people with severe disabilities. CCCU is leading on the training and development work package of this exciting project worth €8,749,437, of which €5,944,288 comes from the European Regional Development Fund with the rest being match-funded by partners.

Called ADAPT (Assistive Devices for empowering disAbled People through robotic Technologies), the project aims to:

- Develop technological innovations for the welfare, quality of life, wellbeing, home care and independent living of people with severe disabilities;
- Train healthcare professionals in the use of Assistive Technology (AT) solutions;
- Map the stakeholders and set up events to promote the results of the project and ensure the sustainability of the technology developed.

An innovative new EU project called CASCADE has received funding to improve dementia care in the United Kingdom, Belgium, the Netherlands and France. The England Centre for Practice Development is leading on the evaluation work package of this exciting project worth €9,295,278, of which €5,577,167 comes from the European Regional Development Fund with the rest being match-funded by partners.

Finding the best way to look after a growing elderly population, especially those affected by dementia is a constant challenge for health services across Europe. Dementia services cost the EU €130bn per annum; and 3 of the 4 countries participating in this study have

Canterbury Christ Church University is leading on the 'Training of Health Care Professionals in Assistive Technologies' element of the project, and also contributing to other areas of the programme - 'Electronic Powered Wheelchair Simulator Virtual Reality', 'Smart & Connected Robotic EPW' and 'Technology Transfer' - by providing medical specialist expertise and utilising the university's strong partnerships with healthcare providers, service users and key stakeholders in the area.

The CCCU research team, led by Prof Eleni Hatzidimitriadou, involves a number of colleagues across the Faculty: Sharon Manship, Kate Springett, Eve Hutton, Andy Buttery, Claire Thurgate, Carrie Jackson, Anan Shetty and Peter Milburn. The team is currently undertaking a review of the literature, with input from all ADAPT project partners, and a mapping exercise across the UK and France to establish current AT related services, professionals and training provision. These exercises will inform the design of an online survey which will be conducted to establish health professionals' current knowledge and attitudes towards AT, and inform the development of training materials and sessions to enable them to

higher-than-average dementia rates >1.55%. To avoid overwhelming health systems, new approaches are needed for elderly/dementia care (EDC) across all ages with wide applicability across different cultural/social settings which crucially must be financially sustainable. The overall objective of the project is to develop a financially sustainable approach to EDC that can be replicated across Europe. Uniquely this will be tested via existing state owned buildings. The facilities created will provide short-term respite and longer-term care, and will fully engage with the local community creating a model that provides appropriate care at every point on the continuum. The approach will have wide applicability and



engage more effectively with AT and the smart robotic wheelchair applications developed through the project. The training will be aimed at healthcare professionals at various levels of their careers: unqualified, pre-qualified and post-qualified/continuing professional development. The research team will evaluate the training which will be delivered during the life of the project and it will produce training materials and evaluation reports.

ADAPT runs from the start of 2017 to mid 2021, and a series of UK partner and cross-border meetings have taken already place in order for work activities to commence. A formal technical meeting, hosted by the ADAPT lead partner IRSEEM, took place in Rouen, France on 5 July 2017. The formal launch meeting, which will be attended by the Joint Secretariat at Interreg, is scheduled for 19-20 September 2017 in Rouen.



play a significant role in addressing the increasing demand. The outcome will be a step change improvement in EDC in Europe enabling communities to live well with a continuum of porous facilities aimed at supporting people to live in their own home as long as possible.

In the UK, the CASCADE project will work

in partnership with East Kent University Hospitals NHS Foundation Trust and Medway Community Healthcare to provide funds for existing housing stock owned by the NHS to be updated and converted to provide 'state of the art' short-term respite and longer-term care facilities, which are fully integrated into their local communities in Dover and Medway towns. So far, small-scale 'guesthouses with care' have been trialled in the Netherlands but the evidence for their effectiveness is anecdotal at pre-

sent. The evaluation provides opportunity to see whether the Guesthouse with Care model is successful in offering long-term stays as well as short-term care for the elderly in a hotel-type setting as a step-up or a step-down from hospital care, and to create new methods of service delivery for those wishing to live well in therapeutic communities rather than hospitals.

Carolyn Jackson, Director of the Centre says: "This project provides an excellent opportunity to scale learning from best

practice across partner European countries in order to influence health and welfare policy, develop new models of care, be innovative and develop new systems and business models that regenerate opportunities for an inclusive approach to care to enable communities to live well with dementia."

The evaluation team are Carrie Jackson (PI), Dr Stephen O Connor, Dr Toni Wright, Anne Martin, Prof Kim Manley, and Sarah Keeling-Smith.

Interreg 2 Seas Mers Zeeën

DWELL

European Regional Development Fund

DWELL (Diabetes and WELLbeing) is a European funded project (Interreg 2 Seas 2014-2020 Programme) which commenced in September 2016 and involves eight partners from the UK, Belgium, the Netherlands and France who are working together to empower patients with Type 2 diabetes to self-manage their condition and improve their wellbeing.

In recent months, partners have been working to develop a 12-week self-management programme for patients,

which has recently been finalised, and a pilot of the programme is now underway at the two UK sites (Medway Community Healthcare and Blackthorn Trust). The pilot is being evaluated by the CCCU research team (led by Professors Eleni Hatzidimitriadou and Kate Springett), and its results will inform the final version of the programme (due to be implemented Autumn 2017) and identify staff training needs.

The research team has developed a number of evaluation tools in consultation with project partners in order to capture relevant data from patient participants at key time points. Additional tools are being developed for capturing evaluation data from staff, patient ambassadors, and for the overall process

evaluation of the project.

The development of an online directory and tool for participants is also underway, which will be made available to participants during and after completion of the 12-week DWELL programme to aid them in sustaining the activities and behaviours they have learnt.

CCCU will be hosting the next DWELL Steering Group meeting in November 2017, which will be combined with a conference event for relevant professionals, organisations and stakeholders.

The Faculty welcomes Hassan Fadavi, who joined the University in late June to work on the DWELL project as a research fellow.

PhD SUCCESSES

Congratulations to our colleagues Nick Woznitza, Bob Cecil, and Agatha Benyera, all of whom were awarded doctorates in early 2017.

Nick's thesis is entitled *The Diagnostic Accuracy of Reporting Radiographer Chest X-Ray Interpretations and their Influence on Clinicians' Diagnostic decision-Making: A Comparison with Consultant Radiologists.*

Bob's thesis is entitled *Learning from Lives: An exploration of the impact of service users' stories within pre-registration social work education.*

Agatha's thesis is entitled *Evaluation of Fitness for Purpose in provision of an innovative culturally sensitive HIV counselling approach: an Interpretive Phenomenological Analysis.*

The Faculty’s research hubs introduced at the beginning of the year are now up and running. Three new hubs have been launched since the first issue of the RKE Newsletter, as seen in the updated list here.

Each of the hubs meets regularly, and has a dedicated area on Blackboard for members to share research profiles, meeting notes and any other resources that may be of interest to colleagues with similar research interests.

If you wish to join any of the hubs, please contact the Faculty RKE Officer, Joe Williams, on FHWB.RKEOfficer@canterbury.ac.uk.

Research Hub	Lead
Education for Health and Social Care Professionals	Prof Eleni Hatzidimitriadou
Care for Long Term Conditions and End of Life Care	Prof Eleni Hatzidimitriadou
Service User and Carer Involvement	Dr Bob Cecil
Mental Health	Prof Doug MacInnes
Arts and Health	Prof Stephen Clift
Practice Development, Innovation and Workforce Development	Carrie Jackson
Child Health and Wellbeing	Dr Eve Hutton
Medical and Clinical Sciences	Prof Kate Springett
Social Inclusion and Health Inequalities	Esther Coren

FACULTY OF HEALTH AND WELLBEING EXCHANGE VISIT TO JAPAN

In June 2017, 8 pre-registration adult nursing students, 1 pre-registration Occupational Therapy student and 3 staff from the Faculty of Health & Wellbeing visited Konan Women’s University (KWU) in Kobe, Japan. This is the first time any CCCU students have been on an exchange visit to Japan and the first time that KWU has received students from the UK.

The visit included a tour of the Kobe Red Cross Hospital and Hyogo Emergency Department. Here the group learnt about disaster management and had a tour of the facilities including the new integrated Emergency Department. Another visit was arranged at the Nishinomiyama Keiaikai Hospital. This is a purpose built rehabilitation centre and the group learnt about different approaches to rehabilitation and the work of a range of healthcare professionals in supporting people to be able to live independently in their own homes.

There was a lot of time spent with nursing students from KWU learning about healthcare, nursing and life in Japan. The CCCU students and lecturers were taught about and experienced a traditional Japanese footbath, learnt basic Japanese phrases and found out about health care funding and provision in Japan. The cultural activities arranged included a traditional Japanese Tea Ceremony, a visit to the university’s rare book collection and a poignant visit to the Kobe Earthquake Memorial Museum. On the final day of the visit, the CCCU students presented what they had gained from the trip to the KWU lecturers and students. One student commented on how interesting it was to “observe educa-



tion from a different culture”; another noticed “how attention to detail and efficiency is evident everywhere” and one student was impressed that “first year students were taught massage”. Following the return to the UK, the students are being supported to write reflections for two nursing journals. Plans are also being made for KWU to return to CCCU in March 2018 and for CCCU to visit KWU again in June 2018.

Andrew Southgate, Senior Lecturer in the School of Nursing, is conducting a research project exploring Japanese and UK health students’ shared experiences of interprofessional and multicultural education, funded by a Faculty ECR award. Results of the project will be presented as part of the Global Health and Care Systems seminar series.

RECENT PUBLICATIONS BY FACULTY COLLEAGUES

Clift, S. (2017) Arts, health and wellbeing: Perspectives from the UK. In Jensen, A. (ed.) (2017) *Antologien om Kunst, Kultur og Sundhedsfremme/The Arts, Culture and Health Anthology*, Copenhagen.

Clift, S. (2017) On the need for diversity of methods in research on arts and health. In Rowe, N. and Reason, M. (eds) (2017) *Evidence and Impact in Theatre, Music and Art*. London: Bloomsbury.

Clift, S. and Gilbert, R. (2017) Can singing have a beneficial effect on lung function and breathing for people with respiratory illness? In G. Welch, D. M. Howard, and J. Nix (eds) *The Oxford Handbook of Singing*, Oxford University Press.

Lee, P., Stewart, D. and **Clift, S.** (2017) Group singing and quality of life, In B-L. Bartleet and L. Higgins (eds.) *Community Music Handbook*. Oxford University Press.

Jackson, C., Martin A., Wright, T. (2016) Safe Caseloads for Adult Community Nursing Services – An Updated Review of the Evidence. NHS Improvement. October. ISBN: 978-1-909067-64-6.

Gilmore, J. and Weigel, K. A. (2017) Delirium. In: S. Schussler, S & C. Lohrmann (eds) *Dementia in Nursing Homes*. London: Springer Link. ISBN: 978-3-319-49830-0.

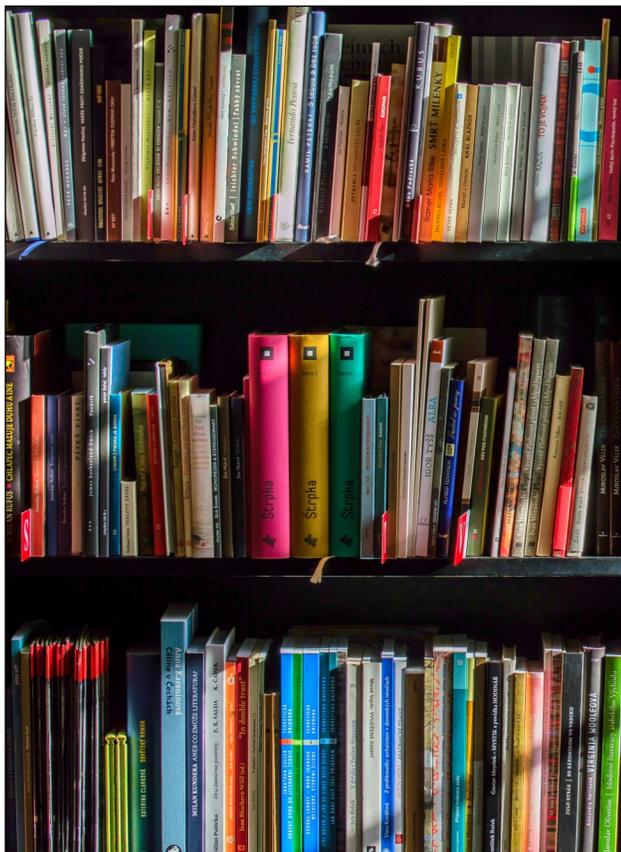
O'Connor, S. (2017) End-of-Life Care and Advance Care Planning in Dementia. In: S. Schüssler, S & C. Lohrmann (eds) *Dementia in Nursing Homes*. London: Springer Link. ISBN: 3 12-3-319-49830-0.

Manley, K., Büscher, A., Jackson, C. O'Connor, S. and Stehling, H. (2017) Overcoming synecdoche: why practice development and quality improvement approaches should be better integrated. *International Practice Development Journal*, 1 (5). ISSN 6480-9292.

Watts, P. and **O'Connor, S.** (2017) Communication in Dementia. In: S. Schüssler, S & C. Lohrmann (eds) *Dementia in Nursing Homes*. London: Springer Link. ISBN: 978-3-319-49830-0.

Wright, T. and Wright, K. (2017) Exploring the benefits of intersectional feminist social justice approaches in art psychotherapy. *The Arts in Psychotherapy*, 98. pp. 1-14. ISSN 0197-4556.

Wright, T. (2017) The 'imagined to the reimagined' revival of learning in higher education. *Journal of Perspectives in Applied Academic Practice*. ISSN 6495-9788.



SHUT
UP
AND
WRITE!

CCCU WRITING BOOTCAMP

Who: All CCCU researchers— staff and PGRs

When: Every **Wednesday, 7-9am** in August and September

Where: North Holmes Road campus (location on booking)

How: book at rdpbookings@canterbury.ac.uk

We use the pomodoro technique:

25 minutes writing, 5 minutes break. Repeat.

Teas, coffees and pastries provided at 8am for extra motivation

#CCCUGrad #earlybird #ShutUpAndWrite



Project Title: **Assistive Devices for empowering disAbleD People through robotic Technologies 'ADAPT'**

Lead Staff: **Eleni Hatzidimitriadou with Faculty of Health & Wellbeing Colleagues**

Funder: **European Commission, Interreg Channel Programme**

Bid Value: €5,944,288
(CCCU Income: **€613,204**)
Duration: 48 months



Congratulations to Eleni for her second successful Interreg bid, this time with the Channel Programme.

ADAPT is a project aiming to develop innovative solutions to improve the home care, wellbeing and independence of people with severe disabilities. It will see the development of Assistive Robotic Technologies for wheelchair users and training of healthcare professionals into Assistive Robotic Technologies. The project is led by IRSEEM - a Graduate School for Engineering in France, and has a consortium of 18 partners including CCCU, the University of Kent and East Kent Hospitals University Foundation Trust.

Project Title: **Nursing Associate Fast Follower - East Kent**

Lead Staff: **Claire Thurgate, Centre for Work Based Learning & Continuing Development**

Funder: **Health Education Kent Surrey Sussex**

Bid Value: £270,000 (CCCU Income: **£200,000**)
Duration: 24 months



East Kent Hospitals University Foundation Trust (EKHUFT) is leading the East Kent Partnership who successfully bid to become a part of the second phase of this pilot funded by Health Education England. The two year plan will focus on the Thanet and South Kent Coast area, served by all service and education providers in the partnership. The Nursing Associate role will complement other support worker roles and registered nurses to deliver hands on care for patients. Thirteen trainees from EKHUFT and seven from Kent Community Health Foundation Trust started with CCCU in April

and will spend time working in their own clinical area, experience internal and external placements. Congratulations to Claire and our first cohort!

Project Title: **Community Areas of Sustainable Care And Dementia Excellence across Europe 'CASCADE'**

Lead Staff: **Carolyn Jackson, Stephen O'Connor - England Centre for Practice Development**

Funder: **European Commission, Interreg 2Seas Programme**

Bid Value: €5,594,567
(CCCU Income: **€469,667**)
Duration: 48 months



Congratulations to Carrie and Steve for securing an innovative four-year European project to provide better care for the elderly and people living with dementia. Called CASCADE (Community Areas of Sustainable Care And Dementia Excellence in Europe) this initiative involves 10 partners from the UK, Belgium, France and the Netherlands. The programme will see the construction of two new facilities for the elderly and for people living with dementia and will create a Centre of Excellence across the partner regions. It will provide training for 2500 people, care for 2700 people and an anticipated cost saving of €11.6m based upon the reduction of hospital stays.

The project, led by the Health & Europe Centre (UK), includes local partners CCCU, East Kent Hospitals University Foundation Trust and Medway Community Healthcare. This will be the basis for a cascade of shared learning and cross-border excellence in dementia care for the future.

Project Title: **Supporting People with Learning Disabilities at end of life: A training programme to increase staff skills to enable people to meet their wishes at the end of life**

Lead Staff: **Stephen O'Connor, England Centre for Practice Development**

Funder: **Health Education Kent Surrey Sussex**

Bid Value: £33,200
(CCCU Income: **£7,000**)

Duration: 12 months



Health Education England

People with learning disabilities often have poorer health and die younger than the general population. Following the conclusion of the Confidential Inquiry into premature deaths of people with learning disabilities, it was discovered that the standards of care people were receiving in many parts of the country was extremely poor and directly contributed to people dying prematurely.

This is the focus of this project, funded by HEKSS with KCHFT as the lead organisation. The project will evaluate the success of an

educational intervention to upskill community, hospice and care-home staff in the skills needed to deliver end of life care to people with learning disability. CCCU is a collaborative partner and evaluation lead. Congratulations to Steve!

Project Title: **RCN Introduction to leadership Programme**
 Lead Staff: **Claire Thurgate, Jacqueline Fitzgerald** - Centre for Work Based Learning & Continuing Development
 Funder: **Royal College of Nursing**
 Bid Value: **£10,000**
 Duration: 2 months



The Centre for Work Based Learning & Continuing Development worked with the RCN to develop a leadership programme for healthcare assistants. The course is for the targeted audience of Nursing/Clinical Healthcare Professionals, bands 2-4 or equivalent. Congratulations to Claire & Jacqueline!

Project Title: **Implementing human factors training to build a positive safety culture in Primary Care Homes**
 Lead Staff: **Carolyn Jackson, Claire Thurgate** - ECPD, CWBLCD
 Funder: **HEKSS funding via Thanet Clinical Commissioning Group**
 Bid Value: £90,000 (CCCU Income: **£25,000**)
 Duration: 12 months

This is a collaborative project led by The England Centre for Practice Development in collaboration with the Centre for Work-Based Learning and Continuing Development, Thanet CCG and East Kent Hospitals University Foundation Trust. The project will support and enable the development of Primary Care Homes (PCH) in Thanet as learning organisations creating understanding of the effects of teamwork, tasks, equipment, workspace, culture and organisation on human behaviour and abilities, and application of that knowledge in practice. It will build a team approach to developing patient safety cultures through developing leadership capacity and capability for sustainable quality improvement and innovation.

This builds on a body of systems transformation work that the ECPD has been doing with NHS Trusts to develop patient safety, systems leadership, culture and quality improvement across the health economy. Congratulations to Carrie & Claire!

Project Title: **Neonatal Nurse Training Newborns Vietnam 2017**
 Lead Staff: **Debra Teasdale, Gill West**, School of Nursing
 Funder: **Newborns Vietnam**
 Bid Value: £66,000
 Duration: 12 months

CCCU is continuing its work with a charitable organisation, Newborns Vietnam, to put itself at the heart of a project to advance neonatal care in central Vietnam.

This latest funding represents a crucial development in helping to improve outcomes for mothers and babies in Vietnam and builds towards a national neonatal programme.

Furthermore, it carries the ultimate aim of promoting long term changes to working practices. Congratulations to Debra and Gill!



Project Title: **Investigating evidence of improvement following the teaching of advanced communications**
 Lead Staff: **Claire Thurgate**, Centre for Work Based Learning & Continuing Development
 Funder: **IC24**
 Bid Value: **£14,740**
 Duration: 12 months



Integrated Care 24 Ltd is a 'not for profit' social enterprise, providing a variety of health and care services to around 6 million patients across a large geographical area. IC24 run the NHS 111 helpline and are implementing a telephone triage course - for all clinicians working across the integrated urgent care system. CCCU will evaluate evidence of improvement following the teaching of advanced communications. Congratulations to Claire, Jacqueline and Sue!

Feeling inspired by these successes?

Externally funded research and knowledge exchange is a growing area for the Faculty. If you want to apply for funding or have an idea for a project that requires funding, take a look at the [finding funding](#) pages on the Research & Enterprise Development website. Or, for an initial discussion, talk to your RKE Lead.



NIHR RESEARCH DESIGN SERVICE SOUTH EAST

- Want to apply for health and social care research funding?
- Free support for Kent, Surrey and Sussex researchers.
- Contact RDS SE for expert advice and support on all aspects of research design.

As the research arm of the NHS, the National Institute for Health Research (NIHR) funds ten regional Research Design Services (RDS). They provide expert research design and methodological support to health and social care researchers across England.

RDS SE

Since 2008, the University of Kent has hosted Kent's RDS SE team of expert research advisers. RDS SE teams also operate from the Universities of Brighton and Surrey. However, the RDS operates separately from and independent of its host universities.

RDS SE can help researchers in Kent, Surrey and Sussex at all stages of their career, including those applying for Fellowships. We support applications not just to the NIHR's many funding streams, but to Research Councils, charities and other national peer reviewed funding programmes.

RDS SE expertise

All our advisers are methodologists and active researchers with experience across a wide range of disciplines and skills. They understand what funders are looking for and have a proven track record in improving research applications. They can help you to develop your research idea into a potentially fundable proposal.

Who can we help?

We can help you in developing your grant application or applying for fellowships. We support a broad range of people including:

- academics from a range of Higher Education Institutions (including many from CCCU)
- NHS and social care managers
- doctors, nurses and allied health professionals
- patients and service users



Keep in touch – sign up for RDS SE bulletin! Our monthly e-bulletin has health-related research news and events in the SE region: www.rds-se.nihr.ac.uk/join-our-mailing-list/



National Institute for Health Research

“You may have a great idea... but someone outside your own area can look objectively, give feedback and help develop your thoughts into a workable proposal.

“Their focus on feasibility, and knowing what will work definitely helped me to hone the application into a fundable study. The RDS team support you through the whole application process”.

(NIHR Research for Patient Benefit grant holder)

How can we help?

We offer high quality and responsive specialist advice on all aspects of an application including:

- designing your research study
- research methods (qualitative and quantitative)
- signposting to suitable funding
- involving patients and public in research design
- identifying potential academic, clinical and lay collaborators
- medical statistics, health economics and other specialist skills
- advice on common pitfalls
- interpreting feedback from funding panels
- signposting to other help as appropriate

We hold **quarterly pre-submission peer review panels** with a panel of research advisers from across the RDS SE, who can provide you with valuable feedback before you submit your application to a funder.

When should I contact RDS?

As soon as possible! It's best to get in touch as early as you can in the planning stage of your study. This means we can help you develop your research idea from the initial stages right through to submitting your application.

Find out more

For full details of how we can help, including case studies visit www.rds-se.nihr.ac.uk

Appointments: To book an appointment with one of our research advisers, please fill out the online request form: www.rds-se.nihr.ac.uk/research-design/booking-an-appointment/

RESEARCHER DEVELOPMENT PROGRAMME

The calendar of RDP sessions for next year will be announced soon, so don't forget to keep an eye out for any sessions that interest you. Upcoming sessions (including Shut Up & Write events) can now be viewed in Outlook by opening the rdpbookings@canterbury.ac.uk calendar from the address book. This is also the email address to use if you wish to book a place.

LUNCHTIME RESEARCH SEMINAR SERIES—AUTUMN 2017

Seminars are normally 12-1pm, with lunch from 11.30 and time for networking until 1.30.

We hope you can join us but if you've missed any of the sessions you can find the presentation slides on the Faculty shared drive here:

[New Open|RESEARCH|Lunchtime Research Seminar Series](#)



Seminars confirmed for the Autumn term are listed here. Keep an eye on the RKE Noticeboard (Newton first floor corridor) for an updated list, and details of rooms which will be added when bookings for 2017-18 can be made.

Would you like to share your research with the Faculty and lead a lunchtime seminar?

There are some free slots available in the Spring and Summer terms.

Contact Joe Williams:
FHWB.RKEOfficer@canterbury.ac.uk

Wed 20th September	Global Health & Care Systems: Ghana Led by Prof Kate Springett
Tue 26th September	Centring marginalised voices: deconstructing heteropatriarchial cancer narratives Led by Paula Kuzbit
Wed 1st November	Global Health & Care Systems: China Led by Debra Teasdale
Tue 7th November	The value of singing for people with breathing difficulties: Findings from three recent projects Led by Prof Stephen Clift
Tue 21st November	Screening and discussion of film: a reflective tool for mental health Led by Sarah Harvey
Tue 12th December	Global Health & Care Systems: France Led by Dr Bob Cecil



If you have content for the next issue of the Faculty's RKE newsletter, please contact
FHWB.RKEOfficer@canterbury.ac.uk