Playing with embodied narratives of professional becoming & learning

Wednesday 27th April 2016 4pm to 6pm

Venue: Canterbury Christ Church University – Lg25

MASTERCLASS WITH GAIA DEL NEGRO & FRANCESCO CAPPA
(HOSTED BY THE ENGLAND CENTRE FOR PRACTICE DEVELOPMENT)

Biography

Gaia Del Negro is a PhD Student conducting an international research on learning biographies and professional self in education and health. Graduated in Intercultural Studies, since her MA in Training and Development of HR thesis on non-traditional students and resilience, she has been interested in composing body-mind, (auto)biographical understandings of one’s practice and identity drawing on ecological approaches of research-formation. She has curated three contributions on formative workshop methodology in the book Palpitare di menti edited by B. Pasini (Apogeo 2016). Currently she is curating with F. Cappa the Italian edition of Jack Mezirow, Apprendimento trasformativo. Dalla teoria alle pratiche (Cortina 2016).

Francesco Cappa is Assistant Professor at the University of Milano-Bicocca, where he teaches Methodology of Education and runs a permanent theatre workshop since 2001. He is Charter Member of the Centro Studi Riccardo Massa, and of the ORBIS TERTIUS Research Centre on Contemporary Imaginary. Graduated in Philosophy, MA in Aesthetics, he has been studying temporality, performance and construction of self since his PhD in Education. He has curated and authored a number of published books in Italian, among which his latest authored book is Formazione come teatro (Cortina 2016).

Overview

Aims

To demonstrate the use of a cooperative inquiry, biographic and clinical-reflexive approach in professions of health and social care as a tool for:
- self-reflection, expression and re-evaluation about yourself and your practice
- critical reflection on your life journey and increased learning from experience
- curiosity for other possibilities for your professional self

Gaia and Francesco will propose a possible way to reflect on one's professional and personal journey of learning through a playful, imaginative and creative use of the arts and writing, with a view to helping you nourishing an embodied and relational sense of self that may benefit the provision of ecological, person-centred and reflexive care services.

There will be an opportunity to actively engage in the spiral of praxis, an experience-based and holistic method of co-operative learning, in order to contact your sense of self and learning journey via moments of memory, drawing, imaginative writing, group activity and final group discussion. Through a kaleidoscope of views and techniques, Gaia and Francesco hope to offer you a space to play with imageries of becoming in professions of care, where the personal and the professional, the individual and the collective may be respectfully composed.
Useful information
Biographical research and pedagogical practices have developed over the last 30 years to help adults in higher education and work organizations to reflect on and learn from their lives. A growing understanding of human learning as embodied speaks of a contemporary movement that resists reductive pressures, and aims at integrating body and mind, corporeal and biographically co-constructed self, the individual and the societal into our processes of learning and becoming a professional, especially in the field of social and health care where human relationships are the elected space of lived transformation. The rhythm of complementary moments of knowledge, composed on individual- and group-mind levels, constructs a dynamic and emotionally grounded understanding of one’s work experience. Past and present are connected, and curiosity for multiple choices is invited. The use of a metaphorical language in art making and in creative writing meets our capacity of expanded awareness and of a happier, more ecological decision-making.

Booking Details
External Professionals: £5*
CCCU Colleagues: FREE

If you are interested in attending this event:
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Payment can be made via our secure online system
Please contact Anna for further details

Further Information
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References