

ADDITIONAL COURSE REGULATIONS

INTRODUCTION

Course title	PG Dip Psychological Therapies: Cognitive Behavioural Therapy
Course SITS code(s)	P1192001
Protected titles/awards (only available to students who pass all academic and professional requirements)	PG Cert Psychological Therapies: Cognitive Behavioural Therapy
Implementation date	September 2026
Applies to	All Cohorts, except as identified below

1. The Regulations for Taught Awards apply in full to this course, except as detailed in these Additional Course Regulations. In any conflict between the two, this document shall take precedence.

COURSE REQUIREMENTS

2. Trainees must normally work in an environment, or have negotiated access to a clinical placement, that will
 - (i) enable them to offer high intensity interventions for depression and anxiety using Cognitive Behavioural Therapy
 - (ii) enable them to conduct at least 200 hours of CBT practice, under the supervision of a BABCP accredited therapist.
3. Trainees who cease to have access to such an environment will be required to interrupt or withdraw.

SITE-RELATED EXTENSIONS OR DEFERALS OF THE CLINICAL PRACTICE AND ACCREDITATION PORTFOLIO AND VIDEO RECORDINGS FOR STUDENTS COMMENCING THE COURSE BEFORE FEBRUARY 2025

4. Students, both employed by services or self-funded, who are unable to see the required range of presentations of clients within the due date of the assessment, will, on the submission of a completed Negotiated Submission Form, be granted an extension in the following circumstances:
 - (i) There is evidence that the delay is beyond the control of the student and is due to the lack of availability of training cases.
 - (ii) There has been full discussion with the student's tutor.
 - (iii) There is confirmation from the clinical supervisor or line manager at the service.
5. Extensions will be agreed through the Exceptional Circumstances Panel.

DEFERRALS FOR STUDENTS COMMENCING THE COURSE BEFORE FEBRUARY 2025

6. First assessment or reassessment attempts can be deferred as a result of a Learning Support Plan, or Negotiated Submission Form, as follows:
 - (i) to 8 weeks from the assessment deadline, other than where there are statutory requirements, such as for maternity. This may include into the next academic year where this is due to the lack of availability of the required training cases;
 - (ii) no more than three deferral requests for the same assessment(s) will be granted.

ASSESSMENTS

7. All components of assessments must be passed.

HURDLES

8. In the assessment of the evaluation of clinical practice through video recordings, the Cognitive Therapy Scale – Revised (CTS-R) is used. Trainees must score at least '2' on all assessed dimensions, apart from 'Interpersonal Effectiveness', for which a score of '3' is required.

COMPENSATION

9. Compensation is not permitted.

RETRIEVAL FOR STUDENTS COMMENCING THE COURSE FROM FEBRUARY 2026

10. Retake of failed Modules is not permitted.
11. One reassessment attempt is permitted in the designated reassessment period of the approved exceptional calendar.

RETRIEVAL FOR STUDENTS COMMENCING THE COURSE BEFORE FEBRUARY 2026

12. Retake of failed modules does not apply to this course. Students will be permitted to submit a second and final reassessment attempt.
13. Reassessments will be scheduled for the next assessment or reassessment period after the ratification of module marks following the Module Achievement Board of Examiners.

FITNESS TO PRACTISE

14. The Fitness to Practise policies of the employer organisations will normally apply.
15. The University's Fitness to Practise procedure may also apply. Where a student is subject to a Fitness to Practise referral, continuation on the course, and engagement with current and future assessment and retrieval opportunities related to professional practice will only be possible:
 - (i) where the Fitness to Practise investigation deems this to be appropriate and

(ii) where any precautionary measures linked to practice are lifted.

VERSION CONTROL STATEMENT

Version number	4
Date approved and by which body	Version 1 Approved by Academic Board,
History of revisions of the Document	Version 1, approved by Academic Board 04/08/2020 Version 2, approved by Academic Board 20/06/2022 Version 3, approved by Academic Board 25/08/2023 Version 4 approved by Education Committee, 09/03/2026 Version 5, approved by Education Committee, 30/07/2026. Supersedes all previous versions.