SPECIAL REGULATIONS: PG DIP/PG CERT PSYCHOLOGICAL THERAPIES

COGNITIVE BEHAVIOURAL THERAPY (CBT)

INTRODUCTION

1 The Special Regulations relate only to the following course:

- PG Dip/PG Cert Psychological Therapies Cognitive Behavioural Therapy (CBT)

ENTRY REQUIREMENTS

The requirements for admission are those set out in the Regulation and Credit Framework for the Conferment of Awards with the exception of the following:

2 In line with the requirements of the British Association for Behavioural & Cognitive Psychotherapies (BABCP), applicants for the PG Dip must normally:

(a) Work in an environment, or have negotiated access to a clinical placement, that will enable them to offer high intensity interventions for depression and anxiety using Cognitive Behavioural Therapy, with evidence that they will conduct at least 200 hours of CBT practice, under the supervision of a BABCP accredited therapist.

3 In addition to the above, applicants must normally also have either (a) or (b) below, with either (c) or (d) below:

(a) Have a recognised professional mental health qualification, recognised as a 'core profession' by the BABCP, such as Mental Health Nursing, Clinical Psychology, Social Work, Occupational Therapy, or BACP accredited Counselling.

(b) Demonstrate, through a 'Knowledge Skills and Attitudes (KSA)' application, that they have the required core training and competence for the delivery of a psychological therapy within an ethical framework.

(c) Have a good honours degree in any subject.

(d) Provide evidence of ability to study successfully at Postgraduate level.

SITE-RELATED EXTENSIONS OR DEFERALS OF THE CLINICAL PRACTICE AND ACCREDITATION PORTFOLIO AND VIDEO RECORDINGS

4 Students, both employed by services or self-funded, who are unable to see the required range of presentations of clients within the due date of the assessment, will, on the submission of a completed Negotiated Submission Form, be granted an extension in the following circumstances:

(a) There is evidence that the delay is beyond the control of the student and is due to the lack of availability of training cases.

(b) There has been full discussion with the student's tutor.

(c) There is confirmation from the clinical supervisor or line manager at the service.

5 The extension must be agreed by the Board of Examiners, where necessary by the process of Chair's Action which must be reported to the Board of Examiners.

DEFERRALS

6 First assessment or reassessment attempts can be deferred as a result of a Temporary Learning Agreement, Learning Support Plan, or Negotiated Submission Form, as follows:

(a) to 14 weeks after the submission date, other than where there are statutory requirements, such as for maternity. This may include into the next academic year where this is due to the lack of availability of the required training cases;

(b) no more than three deferral requests for the same assessment(s) will be granted.

FITNESS TO PRACTISE

7 Trainees on the PG Dip are not required to treat service users whilst on campus and attending teaching at the University. The fitness to practise policies of the employer organisations, including NHS Trusts and Independent Mental Health Service Provider organisations, are therefore most relevant in relation to their clinical work with service users. Trainees will therefore be required to first familiarise themselves with, and then to follow the policies of their employer organisations.

AWARD DURATION AND REGISTRATION

8 The award is classified as FULL TIME over a 14.5-month period.

ASSESSMENTS

9 All assessments must be passed.

10 ***Compensation*** is not applicable to this course. BABCP requirements do not permit compensation as students are required to demonstrate competence in all examined skills.

11 ***Video Recordings*** – Trainees are required to pass assessments involving an evaluation of clinical practice based on video recorded sessions in Modules 3, 4 and 5. This is done, using the method approved by the BABCP, the Cognitive Therapy Scale – Revised (CTS-R). In this, trainees are required to score at least '2' on all assessed dimensions, apart from 'Interpersonal Effectiveness', for which a score of '3' is required. These requirements apply even when the student's scores on the CTS-R aggregate to over 50%.

REASSESSMENT AND REASSESSMENT WITH ATTENDANCE

12 Reassessments will be scheduled for the next assessment or reassessment period after the ratification of module marks following the Module Achievement Board of Examiners.

13 Reassessment with Attendance does not apply to this course. Students will be permitted to submit a second and final reassessment attempt.

Approved by Academic Board, 4 August 2020

Amendments approved by Academic Board, 20 June 2022

APPENDIX 1: PG DIP PSYCHOLOGICAL THERAPIES (CBT) NEGOTIATED SUBMISSION FORM FOR CLINICAL PRACTICE AND ACCREDITATION PORTFOLIO AND VIDEO RECORDINGS

Post Graduate Diploma in Psychological Therapies: Cognitive Behaviour Therapy (High Intensity)			
Negotiated Submission Date via Course Management (for site-related delays)			
Trainee Name			
Site		**Site Supervisor**	
Assessment			
Description of situation *(e.g. what has been completed to date and what is not yet complete)*			
Reason for Delay			
Site confirmation / evidence received & attached		**Site Supervisor signature**	
Student's signature		**Date completed**	
Course Director's signature			
Original submission date			
Extended submission date (must be 14 weeks after original submission date)			
Student's current period of registration[1]			
Course maximum Registration period			
Date sent to Board of Examiner/BoE Chair's Action taken			
Board of Examiners Decision	Approved / Not Approved		

[1] This can be located in the 'Area of study enrolments' tab of the student's QLv4 record