



Staying safe and supported at CCCU what to do when



Call 999 in emergencies

Feeling unsafe?

Call 999 in an immediate or life threatening emergency

Get somewhere safe and if on campus call Campus Security as soon as it is safe to do so: **01277 92211**



Make sure you have the SafeZone App on your phone for quick access to security and first aid support



Link to SafeZone app



Report + Support

Need support to report?

At CCCU we should all Expect Respect

If you experience or witness **harassment, abuse, or sexual misconduct** of any kind use Report & Support to report anonymously or give your details to get support.

We'll talk through your options and help with a safety plan or with making a formal report - but only if you want to.



Link to Report + Support



Access support for yourself

Support for all at Student Zone

Info and support for all students, for wellbeing or mental health, financial hardship, or a disability

Here you can also access course info, careers guidance, or international student support through Global Gateway



Spectrum Life: 24/7 in the moment counselling support via phone, chat, website or app



Link to Spectrum Life



Complete the raising a concern form

Worried about someone else?

If you are worried about another student tell us about it, so we can help.

Use the **Raising a Concern form** to let us know about safeguarding or other concerns affecting another student. You can also give your own contact details, so we can make sure you are okay - and we can keep it confidential.



Play your part in building a supportive and inclusive learning community where everyone can thrive.



Link to Raising a concern