

Changes to previous information

During the global COVID-19 pandemic, we prioritised the health, wellbeing and safety of our students and staff.

As we start the new academic year, your health, wellbeing and safety remains our top priority. This means when we return to our campuses and buildings in September 2020 social distancing and other health and safety measures will be in place. This is to help keep you, and others around you, safe. We will respond to the requirements of vulnerable students regarding their personal safety on an individual basis.

We remain committed to delivering an outstanding education and student experience both on campus and online. Like most universities, we'll be providing a mix of on-site face-to-face and digital learning and teaching. The exact mix will vary between courses and course modules taking into account teaching requirements and other considerations such as meeting the safety of vulnerable staff.

It is important to emphasise that a face-to-face, on-site experience will be delivered within the Government and Public Health England guidance and providing there are no serious unforeseeable public health issues that result in the Government introducing further lockdown measures.

Our response to the pandemic means we may have made changes to your course. This is to take account of these important health and safety measures.

We ask you to read the information provided about course changes carefully. We detail what we include in our online prospectus and explain what has changed.

You should read our statement of changes alongside any information provided in videos, at open days or in other promotional materials. This is because the information may also have been affected by the changes we had to make. We are providing this information so you can make an informed choice about whether the course remains suitable for you.

When you register for your course, you will be asked to confirm you have read about our changes and you agree to them. It means that by choosing to continue with your application, and register with us, you accept these changes and are happy to study your course with us.

We really look forward to seeing you in the next academic year. In the meantime, if you want to find out more about University life from this September, and being part of our supportive and welcoming community, please visit our [September 2020 web pages](#).

Current published course related information	
Course title	Mental Health Nursing
Award level	BSc – Single Honours only
How do you want to study?	
Start Date	Sept 2020
Modes of study	Full-time
Duration	3 years full-time
UCAS code	B760
Location	Canterbury, Medway
Partner institution	N/A
Available with a Foundation Year	No
Overview	
	<p>Become a mental health nurse, a crucial role in supporting people who are experiencing or recovering from a range of mental health problems.</p> <p>As a mental health nurse, each day brings new challenges and experiences. Our course will help you to develop the skills you need to make a difference to the lives of people in mental distress and offer eligibility for registration with the Nursing and Midwifery Council (NMC).</p> <p>As part of your studies, you'll undertake practice placements and apply your learning in a variety of settings including hospitals, care homes and in the community. Each of the modules has a theme such as the recognition, assessment, care planning and interventions for mental illnesses.</p>
	<p>At Christ Church we are proud to provide our students with the confidence and experience to practice in an evolving and dynamic health care service enabling you to provide compassionate and evidence-based care to those who you are supporting and caring.</p> <p>Practice Learning Experiences All our Health and Social Care programmes which lead to professional registration, require practice learning experiences. These must take place in a wide variety of placement settings and will commence in your first year of study (or second year of study for those undertaking a 'programme with Foundation Year'). This is part of preparing you for the world of work and supporting you to succeed in your chosen profession.</p> <p>Most of these placement settings are within organisation providing care and</p>

	<p>support in local communities, hospital, and social care settings. These organisations routinely deliver care and support to individuals across the population, with a wide variety of health and social issues. In your studies, you will have placements with similar risk profiles to those faced by those in your chosen profession.</p> <p>Preparing you for placements Our priority is to ensure the health, safety and wellbeing of all our students while on placements.</p> <p>Before you can attend placement, the university will assist you to understand your own individual health risk profile, using a risk assessment of your fitness to attend placement. Where necessary, this includes Occupational Health Assessment, which may mean further action is required by you, or the university before you can be allowed into placement. This is because your health and wellbeing are extremely important to us.</p> <p>We work in partnership with our placement providers to support you into a safe practice learning experience. This means that your placement organisation will have risk assessments in place to provide a safe environment. We and placement providers follow Government health and safety advice, and you must comply with all local risk management requirements, to minimise risks whilst at the university and on placement.</p> <p>Covid 19 Impact You will be aware the Covid 19 pandemic has significantly changed our lives. It has affected all health and social care services. We will manage continuing Covid 19 risks in the way described above, using risk</p>
--	--

	<p>assessments, and government and professional guidelines which will change as the risks alter over time.</p> <p>The university will reserve the right to cease placements for students where risks are increased. This action will take account of advice, direct requests from Placement organisations, or Government, Professional, Statutory or Regulatory body guidance. If this occurs, we will make all reasonable efforts to enable you to complete your programme within the expected time frame. These reasonable efforts may require changes to the curriculum design and placement schedule.</p> <p>Students with high level risk profiles Some students may have, or may develop personal or health circumstances that place them at greatly increased risk within placement setting, which cannot be reasonably managed. This level of risk may prevent you from completing your chosen programme. If this happens, we will discuss your study options with you. This includes:</p> <ul style="list-style-type: none"> • An interruption until your circumstances change, and your risk is reduced • An interruption until additional health measures are available to reduce your risk (e.g., vaccination). • Transfer to an alternative non health or care programme where we can manage your personal level of risk. <p>What do I need to do next? Applicants do not need to do anything in response to this communication. It is simply to keep you informed about the current situation.</p>
--	--

Why study Mental Health Nursing?	
	<p>Mental health nursing is a diverse profession that involves working with and supporting people experiencing a range of mental health and psychological problems in different settings.</p> <p>We're passionate about contemporary, evidence based nursing education and have developed this course with service providers and service users to ensure you gain the skills and knowledge relevant to contemporary nursing practice.</p> <p>From day one, you'll be immersed in nursing practice and supported by academics and professionals with vast experience. The experience you gain will help to ensure that you are fit for practice in evolving and dynamic health care services within the public, charitable or private sectors.</p> <p>As you progress through the course, you'll learn alongside students on our other health courses and will develop the skills, knowledge and confidence you need to provide the best person-centred, compassionate, evidenced-based nursing care.</p> <p>The course meets the professional requirements to enable you to apply for registration with the Nursing and Midwifery Council (NMC) and become a registered nurse within the field of mental health nursing.</p>

<p>Entry requirements</p>	<p>GCSE English language and mathematics grades A-C / 4-9 or equivalent. Functional Skills Level 2 accepted.</p> <p>A typical offer would be BBC at A2 Level, or equivalent</p> <p>Overseas Students - all must attend for interview (no Skype). If English is not your first language you require IELTS overall score of 7, with scores of at least 7 in reading, listening and speaking, and at least 6.5 in writing.</p> <p>Offers of a place can only be made after a successful interview, and are subject to a satisfactory reference, health clearance and Disclosure and Barring Service (DBS) check.</p> <p>More information about entry requirements.</p>	
<p>About the course</p>		
	<p>As a mental health nurse, you'll require a wide range of both theoretical and clinical knowledge to enable you to practice safely and effectively. In order to achieve this, you'll undertake five modules per year: a practice module; a clinical supervision module and three mental health nursing modules.</p> <p>You'll explore areas including:</p> <ul style="list-style-type: none"> • mental illness and mental health • biopsychosocial therapeutic interventions • psychotherapeutic and systemic approaches • trauma informed practice • assessment and planning care • service users' and carers perspectives on care • evidence-based practice • human biology, pathology, and psychopharmacology • reflective practice and clinical 	

	<p>supervision</p> <ul style="list-style-type: none"> • extensive and advanced physical clinical skills. <p>Practice placements are an integral part of the course and you'll spend 50% of your time studying in University and a further 50% of your time in a wide variety of acute, recovery and specialist placements, in hospital, community and forensic settings.</p> <p>During your practice placements, you'll work with children, adolescents, adults and older people with mental health and psychological problems, as well as people with learning disabilities.</p> <p>Theoretical modules will cover a variety of relevant subjects including law and ethics, professional issues, empathy, service users' experience of mental illness and working with people with learning disability, mental health and psychological problems.</p> <p>In the final year of the course, you'll cover psychodynamic and systemic approaches to mental health and will learn about specialist services and care.</p>	<p>At Christ Church we are proud to provide our students with the confidence and experience to practice in an evolving and dynamic health care service enabling you to provide compassionate and evidence-based care to those who you are supporting and caring.</p> <p>Practice Learning Experiences All our Health and Social Care programmes which lead to professional registration, require practice learning experiences. These must take place in a wide variety of placement settings and will commence in your first year of study (or second year of study for those undertaking a 'programme with Foundation Year'). This is part of preparing you for the world of work and supporting you to succeed in your chosen profession.</p> <p>Most of these placement settings are within organisation providing care and support in local communities, hospital, and social care settings. These organisations routinely deliver care and support to individuals across the population, with a wide variety of health and social issues. In your studies, you will have placements with similar risk profiles to those faced by those in your chosen profession.</p> <p>Preparing you for placements Our priority is to ensure the health, safety and wellbeing of all our students while on placements.</p> <p>Before you can attend placement, the university will assist you to understand your own individual health risk profile, using a risk assessment of your fitness to attend placement. Where necessary, this includes Occupational Health Assessment, which may mean further action is required by you, or the university before you can be allowed into placement. This is because your</p>
--	--	--

		<p>health and wellbeing are extremely important to us.</p> <p>We work in partnership with our placement providers to support you into a safe practice learning experience. This means that your placement organisation will have risk assessments in place to provide a safe environment. We and placement providers follow Government health and safety advice, and you must comply with all local risk management requirements, to minimise risks whilst at the university and on placement.</p> <p>Covid 19 Impact You will be aware the Covid 19 pandemic has significantly changed our lives. It has affected all health and social care services. We will manage continuing Covid 19 risks in the way described above, using risk assessments, and government and professional guidelines which will change as the risks alter over time.</p> <p>The university will reserve the right to cease placements for students where risks are increased. This action will take account of advice, direct requests from Placement organisations, or Government, Professional, Statutory or Regulatory body guidance. If this occurs, we will make all reasonable efforts to enable you to complete your programme within the expected time frame. These reasonable efforts may require changes to the curriculum design and placement schedule.</p> <p>Students with high level risk profiles Some students may have, or may develop personal or health circumstances that place them at greatly increased risk within placement setting, which cannot be reasonably managed. This level of risk may prevent you from completing your chosen programme. If this happens, we will discuss your study options with you. This includes:</p> <ul style="list-style-type: none"> • An interruption until your circumstances change, and your risk
--	--	---

		<p>is reduced</p> <ul style="list-style-type: none"> • An interruption until additional health measures are available to reduce your risk (e.g., vaccination). • Transfer to an alternative non health or care programme where we can manage your personal level of risk. <p>What do I need to do next? Applicants do not need to do anything in response to this communication. It is simply to keep you informed about the current situation.</p>
<p>Module information Please note that the list of optional modules and their availability may be subject to change. We continually review and where appropriate, revise the range of modules on offer to reflect changes in the subject and ensure the best student experience. Modules will vary when studied in combination with another subject.</p>		
<p>Core year 1</p>		
	<p>Mental Health Nursing Practice 1 Core module - (40 Credits)</p> <p>You'll undertake this module every year as it is the practice component of your course. You'll work to achieve the NMC Standards of Proficiency, and you'll be assessed in practice to ensure you meet the relevant NMC progression points.</p>	
	<p>Mental Health Clinical Supervision and Professional Development 1 Core module - (20 Credits)</p> <p>The aim of this module is to facilitate you and your fellow students to have reflective and reflexive conversations that enable you to link practice experiences to theory and contemporary evidence based practice. During the module, you'll also develop personal and professional skills.</p>	
	<p>Enhancing our Understanding of Mental Health Problems Core module - (20 Credits)</p> <p>The aim of this module is to help you enhance your understanding of</p>	

	<p>mental health problems, and specifically where and how these are recognised, screened, assessed and treated in health and social care settings and their impact on service users, friends and carers.</p>	
	<p>Introducing the Skills and Parameters of Mental Health Nursing Core module - (20 Credits)</p> <p>This module aims to equip you with the fundamental values and interpersonal skills necessary for contemporary mental health nursing.</p>	
	<p>Fundamentals of Clinical Science Core module - (20 Credits)</p> <p>The module aims to introduce you to fundamental knowledge in clinical sciences that underpins mental health nursing practice.</p>	
Optional year 1		
	N/A	
Core year 2		
	<p>Mental Health Nursing Practice 2 Core module - (40 Credits)</p> <p>You'll undertake this module every year as it is the practice component of your course. You'll work to achieve the NMC Standards of Proficiency, and you'll be assessed in practice to ensure you meet the relevant NMC progression points.</p>	
	<p>Mental Health Clinical Supervision and Professional Development 2 Core module - (20 Credits)</p> <p>The aim of this module is to facilitate you and your fellow students to have reflective and reflexive conversations that enable you to link practice experiences to theory and contemporary evidence based practice. During the module, you'll also develop personal and professional skills.</p>	
	<p>Collaborative bio psycho - social approaches to mental health – Engagement and assessment</p>	

	<p>Core module - (20 Credits)</p> <p>The module aims to develop your understanding of, and empathy for, the experiences of service users experiencing serious mental health problems, and enable you to relate these to socio-economic, anthropological, political and bio psychosocial theories. The module also aims to develop your knowledge, understanding and skills with regard to working collaboratively with service users and using evidence-based bio psychosocial approaches related to collaboration, engagement, screening and assessment.</p>	
	<p>Collaborative bio psycho - social approaches to mental health - formulation and planning care Core module - (20 Credits)</p> <p>The module aims to promote the collaborative bio psychosocial formulation of service users problems as a basis upon which to plan future care. The focus is upon using evidence-based, bio psychosocial interventions, minimising loss of social functioning and maximising social inclusion.</p>	
	<p>Collaborative bio psycho - social approaches to mental health – evidence based Interventions Core module - (20 Credits)</p> <p>The module aims to increase your knowledge, understanding and skills in delivering bio psychosocial interventions, based upon collaborative formulation of problems and care planning structured around Stress Vulnerability (bio psychosocial) Model.</p>	
Optional year 2		
	N/A	
Core year 3		
	<p>Mental Health Nursing Practice 3 Core module - (40 Credits)</p>	

	<p>You'll undertake this module every year as it is the practice component of your course. You'll work to achieve the NMC Standards of Proficiency, and you'll be assessed in practice to ensure you meet the relevant NMC progression points.</p>	
	<p>Mental Health Clinical Supervision & Professional Development 3 Core module - (20 Credits)</p> <p>The aim of this module is to facilitate you and your fellow students to have reflective and reflexive conversations that enable you to link practice experiences to theory and contemporary evidence based practice. During the module, you'll also develop personal and professional skills.</p>	
	<p>Nursing People with Complex Needs Core module - (20 Credits)</p> <p>The module aims to enable you to consider the associations of physical ill health, mental disorders and social disadvantage and childhood adversity. You'll demonstrate an understanding of the biological and psychosocial determinants of health, developing an appreciation of the social and economic factors that confer risk or resilience for health outcomes through their influence on brain development and function over the life course.</p>	
	<p>Psychotherapeutic and Systemic approaches to Culturally Competent Practice Core module - (20 Credits)</p> <p>The module aims to introduce you to psychotherapeutic and relational systemic theory, enabling you to consider how this can inform your mental health nursing practice.</p>	
	<p>Mental Health Nursing Dissertation Core module - (20 Credits)</p> <p>The aim of the module is to prepare</p>	

	you to undertake an independent study, incorporating a review of the literature and research proposal, which informs contemporary mental health nursing practice.	
Optional Year 3		
	N/A	

How you'll learn

Teaching

The academic element of the course is delivered by lecturers and senior lecturers who are all mental health nurses with a variety of different specialist backgrounds.

In practice areas, you're supported by experienced mental health nurses who have had additional training in supporting and assessing students in practice areas.

The course is designed so that you're encouraged to integrate the learning in University with learning in the placement areas. The modules within each year are designed to maximise this process and ensure that by the end of each year, you're ready to move on to the next step in the journey towards qualification as a mental health nurse.

Each academic module consists of 50 hours of academic direction and 150 hours of independent study. Teaching is delivered using a problem based and student-led learning approach and incorporating the flipped classroom.

Problem-based learning involves setting a series of questions or triggers to guide you towards information. You'll be set tasks either individually, or in groups, and will discuss your findings with your module lecturer in seminar groups. This approach encourages independence and will develop your skills of enquiry.

A flipped classroom approach involves you being provided with learning resources to use at any time outside of the classroom, this material will include such resources as narrated power points, podcasts, online books and articles and short tests and quizzes. You will also have full access to our virtual learning environment (VLE) containing a wide range of

Our top priority within the School of Nursing' Midwifery and Social Work is providing you with high-quality teaching and learning opportunities that enable you to successfully complete your programme of study. Due to Covid-19 things may seem a little different at University this September, as we are working hard to ensure the safety and wellbeing of our community. We are doing everything possible to limit the impact of Covid-19 on your enjoyment of your studies. We are extending our blended Learning approach to teaching and learning that refers to learning design that purposefully, thoughtfully and effectively integrates on-site face-to-face and online learning opportunities, informed and driven by student needs. This will ensure you receive everything you need to be successful in your programme. We aim to increase your time on campus as and when the restrictions on physical distancing are lifted and it is safe and appropriate to do so. We look forward to supporting you throughout your studies with us, and welcoming new and returning students to the new academic year.

Students will need access to a home computer, laptop, or other digital device (that has ability to connect to the internet), to engage with virtual/online sessions. Please contact i-zone@canterbury.ac.uk or studentwellbeing@caterbury.ac.uk for further advice and options.

	<p>learning resources.</p> <p>There will be 750 hours of practice based learning per year, which will include a broad range of placements and some simulated practice. Whilst in practice, you'll be expected to work the shift pattern used by your placement area which may involve long days, early or late shifts and some night duty. You'll be allocated a practice supervisor, who is a suitably qualified Registered Nurse and who will organise your learning experience and contribute to the assessment of your practice. You'll also have the opportunity to work closely with other professionals involved the care of your patients and gain an understanding of their roles.</p> <p>To support your development and help you reflect on your practice and learning, you'll participate in facilitated clinical supervision throughout the course.</p> <p>During the second and third year, you'll have the opportunity to attend two semi-elective placements enabling you to spend time at a specialist placements outside of those routinely allocated.</p> <p>All courses are informed by the University's Learning and Teaching Strategy 2015-2022.</p>	
--	--	--

<p>Independent study</p>	<p>You'll be expected to carry out independent learning while completing academic modules and while on placement. This may be undertaken individually or within small groups, and will include problem-solving activities.</p> <p>Academic staff will provide guidance for your independent learning through the virtual learning environment.</p>	
<p>How you'll be assessed</p>		
	<p>You'll undertake four 20 credit modules and 1 practice module worth 40 credits each year and you'll be assessed in a variety of ways including written assignments, production of online web page, examinations, case presentations and a mini dissertation proposal.</p> <p>Practice is assessed each year using the Pan London Practice Assessment Document, which is a validated assessment tool currently used by several universities across the country.</p>	
<p>Your future career</p>		
	<p>On successful completion of the course, you'll be eligible to apply for registration with the NMC.</p> <p>There are a wide range of roles that registered mental health nurses can pursue, in services which specialise in child and adolescent, adult and older persons mental health. You can focus on crisis management, recovery, rehabilitation, liaison psychiatry, psychosis, personality disorder forensic mental health, court liaison, and street triage, substance misuse and eating disorders.</p> <p>Other career opportunities could involve clinical leadership, management, education or research. Additionally, there are opportunities within our Faculty of Health and Wellbeing to progress onto postgraduate study, MSc or PhD</p>	

	studies or commence specialist training as psychotherapists.	
Fees		
UK/EU	Full-time £9,250	
	Part-time N/A	
Overseas	Full-time £13,000	
	Part-time N/A	

Course specific costs		
	<p>For 2020/21 students eligible for and in receipt of tuition fee and maintenance support from the Student Loans Company are currently entitled to claim travel and accommodation expenses incurred over and above daily travel costs to university. The costs must be related to essential practice placements. Further information and guidelines can be obtained from the NHS Business Authority.</p> <p>Overseas students, please note that there will be an additional fee per year of study for placement costs. The cost for 2020/21 will be confirmed soon. You will also be required to fund your own travel and accommodation costs.</p>	
Extra funding for health students	<p>From September 2020, nursing, midwifery and many allied health students will be eligible to receive a government grant of at least £5,000 a year to help with living costs. Eligible students may also be awarded additional funding up to £3,000 a year. This money will not need to be repaid.</p>	
CCCU Advantage Package	<p>For programmes that qualify, the CCCU Advantage Package currently includes:</p> <ul style="list-style-type: none"> • Uniforms • Disclosure & Barring Service (DBS) check • Occupational Health costs, including immunisation <p>Uniform (appropriate to the programme of study) and a placement badge are provided free of charge at the start of the course. If students wish to replace any item of uniform or secure additional items of uniform during the course (e.g. because it has been damaged or no longer fits) then they must order and pay for this directly with the supplier. There are certain exceptions to this, for example if the student becomes pregnant and</p>	

	<p>requires maternity uniform. These exceptions are detailed in the faculty uniform policy here. Students will need to purchase suitable footwear for practice. NHS Trusts require shoes (not trainers) that meet health and safety requirements. Advice will be given by the lecturers on what to purchase after you have enrolled on your course.</p> <p>In addition to this, health students can apply and may be eligible for other University awards. Please visit our Scholarships, Bursaries and Financial Support page to find out what's available.</p> <p>Please note: This Package is only available for students who are enrolling on a qualifying health programme in September 2020 on one of the qualifying programmes. We reserve the right to withdraw this package in the event of a student not successfully completing the enrolment process.</p>	
--	---	--

<p>Further Entry Requirements</p>	<p>When we select applicants for interview we take several factors into account and one of the main ones is that you are able to demonstrate a commitment to and understanding of nursing.</p> <p>The NHS Constitution establishes the principles and values of the NHS in England, and sets out rights to which patients, public and staff are entitled. The values are applicable across all fields of health and social care, including mental health nursing, and accord with such professional guidance as the Nursing and Midwifery Council Code (NMC 2015), The Principles of Nursing Practice (RCN 2012) and the government strategy No Health without Mental Health (HMG 2011). It is therefore essential we recruit students who are able to show that they have the capacity to develop these values. Find out more about Values Based Recruitment.</p> <p>The personal statement is very important and you must say why you want to become a nurse and demonstrate your commitment to and understanding of the profession. You need to include full details of any relevant care work carried out, such as the nature of the work you have completed and the interaction you have undertaken with the patients. Also describe any observational shadowing work you have done with reference to the qualified nurses who are employed at the home or hospital. Relevant experience can also be obtained through volunteer placements, such as those offered by Volunteering Matters. Visit volunteeringmatters.org.uk for information.</p> <p>We are looking for applicants who can:</p> <ul style="list-style-type: none"> • demonstrate values 	
-----------------------------------	--	--

	<p>commensurate with the profession</p> <ul style="list-style-type: none"> • communicate clearly in spoken and written standard English • convey enthusiasm about their chosen profession and react appropriately to the group discussion • explain why they want to become a nurse and be able to explain and give evidence that they understand the role of the nurse. • show that they have an appropriate educational background. <p>Offers of a place can only be made after a successful interview, and are subject to a satisfactory reference, health clearance and disclosure and Barring Service (DBS) check.</p>	
--	---	--

<p>Professional accreditation</p>	<p>This Mental Health Nursing course is subject to a conjoint approval between the University and the Nursing and Midwifery Council. Upon approval, it is further subject to monitoring processes by the Nursing and Midwifery Council.</p> <p>To be eligible to apply for registration with the relevant statutory regulatory body you must demonstrate good health and good character throughout your studies and on completion. Applications for professional registration will be subject to satisfactory Disclosure and Barring Service (DBS) checks and Occupational Health clearance. You will be assessed annually in practice against the Nursing and Midwifery Council proficiencies and must pass this assessment.</p> <p>In preparation for registration, the Programme Director must be satisfied that you meet the relevant statutory regulatory body fitness to practise criteria. You will be required to sign an annual declaration of ongoing fitness to practise at regular intervals during the course. The Faculty of Health and Wellbeing has a Fitness to Practise policy and procedures which may be instigated should you demonstrate behaviour or conduct that falls short of that expected by the University and/or statutory regulatory body. For more details, visit www.canterbury.ac.uk/policies-procedures.</p>	
<p>Industry links</p>	<p>We work in close collaboration with Kent and Medway NHS and Social Care Partnership Trust and many other local health and social care providers.</p>	
<p>Professional Foundation Year</p>	<p>We will consider your application for the main three-year professional programme. However, applicants may also be considered for a four-year option – i.e. the Health and Social Care Professional Programme with Foundation Year. The decision about</p>	

	<p>your suitability will be made as part of the admissions process and if you are chosen to be interviewed for the Foundation Year option, this will be clearly stated in your Interview Offer Letter. Applications cannot be made directly to the Foundation Year and places are limited.</p> <p>Find out more about the Professional Foundation Year</p>	
Date of publishing	29/6/2020	