Minimally Invasive Surgery Training Days

Canterbury Christ Church University in partnership with MISTIK (Minimally Invasive Surgery Teaching in Kent) and supported by Smith and Nephew and Arthrex, present this 2 day course which is designed for any orthopaedic surgeon wishing to enhance their knowledge and practical skills in knee and shoulder arthroscopy in our state of the art Skills Lab (Medway campus).

Course convenors: Professor Anan Shetty and Mr Bijayendra Singh
Professor Shetty is an internationally renowned orthopaedic surgeon who has pioneered navigational minimally invasive orthopaedic surgery and stem cell treatment. He also holds professorships in recognition of his contribution to this area of work.

Mr Bijay Singh is one of the leading Sports Medicine & Shoulder Surgeons in Kent and South East of England. He was recently awarded ‘The Best in Medical Field’ at the Annual British Indian Awards.

Aims of the course
The course is designed to provide orthopaedic surgeons with an intermediate level of educational and practical experience in arthroscopy practices to support continuing professional development.

Surgeons will be able to assess their knee and shoulder arthroscopy skills at the start and again at the end of this course using the simulators.
Course programme

The course includes a series of short lectures and practical skills sessions using knee and shoulder models and simulators.

Lectures
- Basics of knee and shoulder arthroscopy
- Stacksystem, cameras and surgical tools
- Operating room set-up for Knee & Shoulder arthroscopy
- Arthroscopy stack – Common problems, trouble shooting
- Portals and Arthroscopic anatomy
- Diagnostic arthroscopy
- Normal variants & Common pathological conditions
- Sutures and Knots
- Cartilage repair techniques

Practical skills sessions
- Meniscectomy, Meniscal suturing
- OATS
- ALC reconstruction
- Arthroscopic knot tying and suture handling
- Shoulder models – Subacromial decompression, ACJ excision, Arthroscopic Cuff repair, Arthroscopic stabilisation and SLAP repair

Course dates and venue
Shoulder Arthroscopy – 28th April 2014, 8.30am – 5pm
Knee Arthroscopy – 29th April 2014, 8.30am – 5pm

The training days will be held at the University’s Medway Campus, Rowan Williams Court, 30 Pembroke Court, Chatham Maritime, Kent, ME4 4UF

Cost
£150 per day or £250 if both days are booked

Accommodation (not included in course fee)
Accommodation is available at Ramada Encore Chatham situated within walking distance of the campus, or it can be arranged at Medway Maritime Hospital.

Course dinner
An evening meal for all delegates will be organised on Monday 28th April at a nearby restaurant.

Enquiries and bookings
To book your place or for any course enquiries, please contact Allison Allen:

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